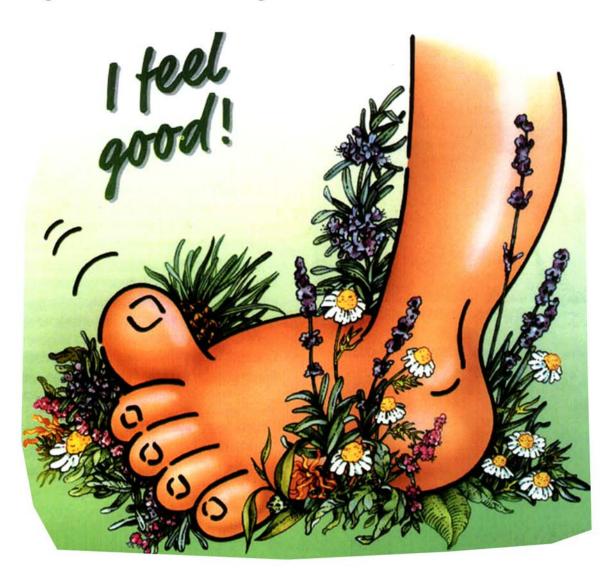
GEHWOL Professional Product Guide

Everything For The Well-Being Of The Feet



Distributed By:

Spa-Kur Therapy Development

Dr. Reinhard Bergel 1119 Mitzi Drive, Mailing PO Box 1177 Calistoga Napa Valley CA USA 94515 Tel 707.942.6633 Fax 707.942.0734 email: DrB@h-e-a-t.com

www.h-e-a-t.com www.gehwolusa.com



GEHWOL FUSSKRAFT **Hydrolipid Lotion**

Effective ingredients

Urea, glycerine, avocado oil, jojoba oil, tapioca starch, oat extract, ceramides, climbazole

Application

Rub the lotion into the skin once or twice a day.

Effects of product

The emulsion is easy to spread and is rapidly absorbed into the skin, providing all that is needed for maintaining the elasticity and smoothness of the skin, thanks to the action of natural oils and lipids, urea, aloe vera, oat extract and ceramides. Tapioca starch lends the skin a silky, pleasant feel. Helps protect against fungal infections.

GEHWOI FUSSKRAFT Blue

Effective ingredients

Skin friendly emollient emulsion. Lanolin, glycerine, aloe vera, urea, oil of rosemary, oil of mountain pine, lavender oil, camphor, menthol, farnesol, climbazole

Application

Massage the cream in to the feet once or twice a day for the treatment of dry skin on the feet.

Effects of product

Lipids replenish the necessary fat content of the skin. Components of the natural skin moisture factor (NMF), such as glycerine and urea, plus additional aloe vera bind moisture and have a lasting effect on the elasticity and appearance of dry skin. Oil of rosemary and camphor promote blood flow, menthol and oil of mountain pine refresh, and farnesol deodorizes. The climbazole in the preparation helps protect against fungal infections of the feet and nails.

Also suitable for diabetics Dermatologically tested Unscented



GEHWOL FUSSKRAFT Red for normal skin

Effective ingredients

Skin friendly emollient cream base. Oil of rosemary, oil of mountain pine, lavender oil, camphor, extract of ginger, extract of paprika, farnesol, climbazole

Application

Rub in GEHWOL FUSSKRAFT red cream once or twice a day to treat cold feet.

Effects of product

The gentle emollient cream base cares for normal foot skin. The active substances oil of rosemary, camphor, extracts of ginger and paprika stimulate blood flow and have a lasting warming effect on cold feet. The climbazole in the cream helps prevent fungal infections of the feet and nails and the farnesol has a lasting deodorizing effect.

GEHWOL FUSSKRAFT Red for dry skin

Effective ingredients

Skin friendly emollient cream base, Lanolin, oil of rosemary, oil of mountain pine, lavender oil, camphor, extract of ginger, extract of paprika, farnesol, climbazole

Application

Rub GEHWOL FUSSKRAFT red cream into dry skin once or twice a day to treat cold feet.

Effects of product

The emollient cream cares for dry skin on the feet. The active substances oil of rosemary, camphor, extracts of ginger and paprika stimulate blood flow and have a lasting warming effect on cold feet.

The climbazole in the cream helps prevent fungal infections of the feet and nails and the farnesol has a lasting deodorizing effect.

Dermatologically tested

Dermatologically tested



GEHWOL FUSSKRAFT Green

Effective ingredients

Skin friendly emollient emulsion base. Oil of rosemary, oil of mountain pine, lavender oil, camphor, menthol, farnesol, climbazole

Application

Rub the cream into the feet once or twice a day to care for normal foot skin.

Effects of product

Helps maintain the natural elasticity of the skin; camphor and oil of rosemary help promote blood flow in the skin; menthol and oil of mountain pine keep feet fresh. Climbazole helps protect against fungal infections of the feet and nails and farnesol has a deodorizing effect.

GEHWOL FUSSKRAFT Mint

Effective ingredients

Alcohol, skin friendly cream base, urea, menthol, essential oils of mint, eucalyptus, lavender, rosemary, mountain pine, orange, climbazole

Application

Rub the cream into hot and burning feet once or twice a day.

Effects of product

The cream gel contains alcohol. After it is applied to the skin, it promotes an immediate feeling of freshness. Oils of mint and eucalyptus, plus menthol, have a lasting freshening effect.

Urea is also cooling, and helps maintain the elasticity of the skin. The emollients also help to keep the skin

Climbazole helps protect against fungal infections of the feet and nails.



GEHWOL FUSSKRAFT Warming Bath

Effective ingredients

Oil of rosemary, vitamin E+B complex, extract of paprika, bath lotion base, emollients

Application

Add one measure to 3-4 liters of hot water and soak the feet in it for 10-15 minutes.

Effects of product

The high concentration of the active substances oil of rosemary, vitamin E+B complex and paprika extract have a lasting warming effect on cold feet. Feet are gently cleansed. The added emollients look after the skin.

An additional warming effect can be obtained by rubbing into the feet one of the GEHWOL FUSSKRAFT Red creams.

GEHWOL FUSSKRAFT Herbal Bath

Effective ingredients

Urea, emollients, camphor, lavender oil, oil of rosemary. oil of mountain pine, oil of thyme

Application

Add one dessert spoon to 3-4 liters of hot water and soak the feet in it for 10-15 minutes daily.

Effects of product

The high urea content of the gentle foot soak softens hard skin and corns and has a lasting protective effect. Urea also maintains the elasticity of the skin, and is mildly antiseptic and deodorizing.

The natural essential oils stimulate the metabolism and encourage blood flow. Oil of thyme has an antiseptic and deodorizing effect, cleansing the feet. Extra relief can be obtained after the foot bath by massaging the feet with a GEHWOL FUSSKRAFT cream suitable for your skin type.

Also suitable for diabetics Dermatologically tested



GEHWOL FUSSKRAFT Leg Vitality

Effective ingredients

Avocado oil, algae extracts, hamamelis distillate, allantoin, bisabolol, farnesol.

Application

Massage the cream into legs and feet once or twice a day.

Effects of product

With regular application, rough skin becomes smooth and elastic, skin discoloration is prevented and the appearance of the skin is improved. Valuable avocado oil provides intensive care. Extracts of algae bind water in the skin and hamamelis strengthens the skin. Allantoin is one of the active substances that promote healing that are derived from horse chestnut. Bisabolol is the main active substance in chamomile oil. Both have a beneficial effect and make tired and rough skin smoother. Farnesol is a mild natural deodorant.

GEHWOL FUSSKRAFT Herbal Lotion

Effective ingredients

Alcohol, urea, panthenol, eucalyptus oil, oil of rosemary, lavender oil, orange oil, oil of mountain pine, farnesol, allantoin, bisabolol, undecylene aminopropyl trimonium methosulfate (UTM)

Application

Spray feet well once or twice daily and rub in.

Effects of product

For rapid foot comfort. Alcohol refreshes and deodorizes. Ideal for sport or as protection after swimming or taking a sauna. Cares for skin and nails. The essential oils stimulate blood flow and have a deodorizing effect. Allantoin, bisabolol and panthenol promote healing. Urea smoothes hard skin. UATM helps protect against fungal infections.

Also suitable for diabetics Dermatologically tested



GFHWOI med Foot Powder

Effective ingredients

Talcum, tapioca starch, zinc oxide, clotrimazole, bisabolol, triclosan

Application

Sprinkle powder on feet and in stockings and shoes daily.

Effects of product

Helps keep feet dry by absorbing sweat. Talcum and tapioca starch make skin feel pleasantly smooth. Zinc oxide also lends skin a pleasant feel; it also has antiseptic properties. The active substance in chamomile is bisabolol. This promotes healing and has a positive effect on damaged and tired skin on the feet. Clotrimazole helps protect against fungal infections and triclosan has a lasting deodorizing effect.

GFHWOL med Deodorant Foot Cream

Effective ingredients

Manuka oil, jojoba oil, aloe vera, zinc oxide

Application

Apply once or twice daily

Effects of product

The combination of manuka oil and zinc oxide has proved to be especially effective for foot hygiene because of its wide-ranging effect and gentleness to the skin. It is a powerful deodorant.

The effect of aloe vera is bacteriostatic, anti-inflammatory, regenerative and moisturizing. Jojoba oil supports the natural skin functions. With regular application, the mildly fatty cream prevents foot odors, helps protect against fungal infections and softens the skin.

Also suitable for diabetics Dermatologically tested

GFHWOI med Nail Softener

Effective ingredients

Medicated soap, bisabolol, ethanolamine

Application

Coat the nails daily.

Effects of product

Makes hard nails more flexible again and helps prevent them growing inward.

Softens hard skin beneath the nail and in the nail fold, so that it can be easily removed without pain. Bisabolol helps prevent redness and irritation.



GEHWOL med Lipidro Cream

Effective ingredients

Skin friendly treatment emulsion with avocado oil, sea buckthorn oil, urea, glycerine, algae extracts, allantoin, farnesol.

Application

Apply and rub into the skin of the feet or other areas of hard skin once or twice daily.

Effects of product

The tried and tested composition balances the hydrolipids of the skin. Dry skin becomes smooth and soft. Cracked and flaking skin disappears. The cream helps protect against itching and fungal infections. It is extremely economical to use, is absorbed quickly and does not contain any perfume.

Also suitable for diabetics Dermatologically tested

GFHWOI med Salve for Cracked Skin

Effective ingredients

Lanolin, vaseline, medicated soap, panthenol, bisabolol, zinc oxide, eucalyptus oil, lavender oil, oil of rosemary, menthol, camphor

Application

Rub cream into dry or cracked skin once or twice daily. In resistant cases, apply thickly and cover with cloth and keep moist with a plastic bag if necessary.

Effects of product

Ointment for severe hard skin, or very cracked, dry or rough skin. Protects the skin and allows it to regain its natural elasticity and resistance. Helps protect against the symptoms linked with cracked skin and inflammation. Medicated soap, lanolin and vaseline soften hard skin quickly and keep it smooth. Bisabolol and panthenol help to clear up small skin cracks. The blood flow to the skin is stimulated by oils of eucalyptus, lavender, rosemary and camphor. Menthol cools and refreshes. Zinc oxide has a mildly disinfectant effect.



GEHWOL med Nail and Skin Protection Cream and Oil

Effective ingredients

Wheat germ oil, panthenol, bisabolol, clotrimazole

Application

Apply to damaged areas once or twice daily.

Effects of product

High quality ingredients such as wheat germ oil, panthenol and bisabolol care for the skin and the nails. Clotrimazole helps prevent athletes' foot. The appearance and flexibility of broken nails are improved. Helps prevent inflammation.



GEHWOL Balm for dry skin 1124705

Effective ingredients

Caring emulsion base of gentle skin lipids with lanolin. oils of rosemary and lavender, menthol, ferns, climbazole, aloe vera

Application

For the care of dry skin on the feet, massage the cream in once or twice a day.

Effects of product

The fatty ingredients and aloe vera make dry skin smooth and elastic. Oils of rosemary and lavender promote blood flow to the skin. Menthol provides freshness.

GFHWOI Balm for normal skin 1124205

Effective ingredients

Skin-friendly, caring and non-fatty emulsion base with oils of jojoba, rosemary, lavender, menthol, climbazole and aloe vera.

Application

For the care of normal foot skin, massage in the cream once or twice daily.

Effects of product

Maintains skin elasticity. Oils of lavender and rosemary promote blood flow to the skin. Menthol provides freshness. Helps to protect against fungal infections of the feet and nails and has a deodorising effect.

Also suitable for diabetics Dermatologically tested



GEHWOL Warming Balm 1124405

Effective ingredients

Rich oil in water emulsion with lanolin, glycerine, avocado oil, aloe vera, oils of lavender and rosemary, extracts of ginger and paprika, camphor, climbazole

Application

Treat the feet generously with the cream once or twice a day. A hot foot bath is recommended beforehand.

Effects of product

The essential oils of lavender and rosemary, as well as extracts of ginger and paprika and camphor, stimulate blood flow. The water in oil cream base supports the effect by delaying the evaporation of moisture. The skin of the feet becomes elastic and smooth. Helps protect against fungal infections of the feet and nails.

GEHWOL Fresh Balm 1123705

Effective ingredients

Alcohol, skin friendly cream base, urea, menthol, essential oils of mint, eucalyptus, lavender, rosemary, mountain pine, orange, Climbazole.

Application

Rub into hot and burning feet once or twice a day.

Effects of product

The cream gel contains alcohol and after it has been applied to the skin it provides immediate freshness. Oils of mint, eucalyptus and menthol continue the feeling of freshness. Urea also has a cooling effect and maintains skin elasticity. Lipid replacements also help to keep the skin smooth.

Climbazole protects from fungal infections of the feet and nails.



GEHWOL Leg Balm 1124307

Effective ingredients

Hamamelis, panthenol, bisabolol, allantoin, menthol, guaiazulene, climbazole

Application

Rub cream into the legs and feet once or twice a day.

Effects of product

Healing herbal extracts of hamamelis, chamomile and horse chestnut have a beneficial effect on skin disorders and inflammation and help to smooth the skin. The preparation deodorises and refreshes. Climbazole helps prevent fungal infections, itching and blisters between the toes. A gentle massage with GEHWOL leg balm strengthens the veins. Regular application helps to prevent dry skin, skin disorders, discolouration and premature aging of the skin. Guaiazulene has an anti-allergic effect.

Also suitable for diabetics Dermatologically tested

GFHWOI Caring Footdeo 1123808

Effective ingredients

Alcohol, urea, panthenol, oils of eucalyptus, rosemary, lavender, orange, mountain pine, farnesol, allantoin, bisabolol, undecylenic aminopropyl trimonium methosulfate (UTM)

Application

Spray the feet well once or twice a day and rub in if necessary.

Effects of product

For rapid and comfortable foot care. Alcohol refreshes and deodorises. Ideal for sport and as protection after visiting swimming pools or saunas. Looks after skin and nails. The essential oils stimulate blood flow and have a deodorising effect. Farnesol is a deodorant. Allantoin, bisabolol and panthenol promote healing. Urea softens hard skin. UATM helps to protect against athletes' foot.



GEHWOL Rosemary Bath Salts 1125222

Effective ingredients

Oil of rosemary, base of bath salts. triclosan, chloroxylenol.

Application

Dissolve the contents of a sachet in 3-4 litres of hot water. Soak the feet in the solution for approximately 15 minutes.

A full bath needs 2-3 sachets of GEHWOL bath salts.

Effects of product

Cleansing foot bath with the natural power and stimulation of oil of rosemary. Triclosan protects against foot odours and chloroxylenol helps to protect against fungal infections.

GEHWOL Foot Bath 1124405

Effective ingredients

Sodium carbonate, emollients, oils of rosemary, lavender and thyme, camphor, eucalyptus oil.

Application

Add 1 dessert spoonful or 1 sachet of GEHWOL foot bath to 3-4 litres of hot water and soak the feet in it for approximately 15 minutes.

Effects of product

GEHWOL foot bath refreshes and stimulates the feet with oils of rosemary and lavender. For painful, tired, burning, sweaty feet. Sodium carbonate softens hard skin, corns and calluses. Emollient. Oil of thyme has a disinfectant action.

Also suitable for diabetics Dermatologically tested

GEHWOL Cream Foot Bath 1124916

Effective ingredients

Liquid foot bath base containing oils of lavender, menthol and emollients.

Application

Add 2 teaspoons of GEHWOL cream foot bath to 3 - 4 litres of hot water and soak the feet for 10-15 minutes.

Effects of product

The liquid bath concentrate is easily dispensed and makes a pleasantly gentle and fragrant foot bath. The lipid content of the skin of the feet is replenished at the same time. Contains lavender oil to promote blood flow, menthol to refresh and paraben to disinfect.



GEHWOL Foot Cream 1124005

Effective ingredients

Medicated soap, vaseline, lanolin, talcum. Essential oils of eucalyptus, rosemary, lavender, thyme, chloroxylenol, menthol, camphor

Application

Apply GEHWOL foot cream approximately 1 mm thick to tired feet. Wear thick socks and strong footwear. Socks can be easily washed out in cold water.

Effects of product

Base ointment of medicated soap. Vaseline, lanolin and talcum. Effective protection against wounds, blisters and intertrigo. Keeps the skin of the feet smooth and elastic. Contains chloroxylenol and oil of thyme to deodorise, disinfect and help to protect from athletes' foot. Contains camphor to stimulate blood flow and menthol to refresh.

GEHWOL Extra 1124105

Effective ingredients

Potassium stearate, paraffin oil, lanolin, oil of rosemary, eucalyptus, lavender and thyme, camphor, menthol, triclosan, chloroxylenol

Application

Rub the cream into the feet once or twice daily.

Effects of product

For tired feet, chilblains, very sweaty feet, severe hard

Softens dry skin. Helps protect against calluses and cracked skin.

Cream base made of soap, paraffin oil and lanolin softens hard skin. Essential oils and camphor promote blood flow and strengthen the skin. Cooling and refreshing effect from menthol. Triclosan is a deodorant, Chloroxylenol is a disinfectant and helps protect against athletes' foot.



GERLAN Hand Cream 2105009

Effective ingredients

Protective care emulsion with urea, jojoba oil, glycerine, tapioca starch, panthenol, aloe vera, bisabolol, triclosan, clotrimazole

Application

Use before and after each foot care treatment to protect the ands from drying out, cracked skin and germs such as bacteria and fungi that can be transmitted during contact with customers.

Effects of product

GERLAN hand cream has been developed so that reliable materials such as urea, aloe vera and glycerine will make and keep the skin smooth and the healing potential of bisabolol and panthenol will help to make the skin healthy again.

Triclosan and clotrimazole help to prevent the growth of pathogens. With regular application, the product provides all round protection for the skin on the hands.

GERLAN Nail Care 1125101

Effective ingredients

Wheat germ oil, vitamin E, bisabolol, undecylenic acid monoethanolamide

Application

Massage one to two drops into finger and toe nails mornings and evenings.

Effects of product

Makes broken and torn nails flexible again. Stimulates nail growth. Supports the treatment of fungal infections of the nails with bisabolol, the active substance in chamomile, and undecylenic acid monoethanolamide.



GEHWOL FUSSKRAFT Liquid

for professional use only

Effective ingredients

Propylene glycol, lanolin, lavender oil, oil of rosemary, pine needle oil, camphor, climbazole

Application

Massage preparation for stimulating foot massage, fungal protection.

Effects of product

Skin friendly lipids and moisturizing propylene glycol form the perfect base for this massage emulsion. The essential oils and camphor have the lasting effect of promoting blood flow and provide a pleasant feeling of warm feet. Climbazole provides protection against fungal infections.

GEHWOL FUSSKRAFT

Callus Softener with 25% Urea for professional use only

Effective ingredients

Urea, lactic acid

Application

Pour the fluid preparation into the attached handy 50 ml foam dispenser bottle. Activate the pump rapidly to improve the formation of foam.

Effects of product

GEHWOL FUSSKRAFT Callus Softener can be precisely dispensed using the foam dispenser. Spray the stable foam onto hard skin or corns. These are quickly softened so that they can be removed painlessly without effort.

The time to take effect depends on the thickness of the skin, but is approximately 5 minutes.

Non-alkaline No harmful propellants



GEHWOL Callus Softener

for professional use only

Effective ingredients

Buffered alkaline substances

Application

To soften hard skin, calluses, corns and hard skin in the nail fold, apply GEHWOL Callus Softener generously with a swab or similar and allow to take effect for a few minutes, depending on the thickness of the skin. You can then begin to remove the hard skin using your normal foot care instruments.

Effects of product

Ready to use solution for softening hard skin quickly for the professional removal of these problem areas. Largely pain free for patients and easy to use for podiatrists.

GEHWOL Callus Gel

for professional use only

Effective ingredients

Buffered alkaline substances

Application

To soften hard skin, calluses, corns and hard skin in the nail fold, apply GEHWOL Callus Gel generously with a swab or an instrument and allow to take effect for a few minutes, depending on the thickness of the skin. You can then begin to remove the hard skin using your normal foot care instruments.

Effects of product

Ready to use gel that can be precisely applied, especially suitable for calluses, deep cracks in the skin and in the nail fold. Allow to take effect for several minutes, depending on the thickness of the skin.



GEHWOL Lotion

for professional use only

Effective ingredients

Alcohol, glycerine, menthol, benzalkonium chloride

Application

To refresh and cleanse the feet during foot treatment. Disinfectant.

Effects of product

GEHWOL lotion should be sprayed onto the feet to clean them before and after foot treatments. The effect is refreshing and fragrant. Sweat and impurities are easily removed with a wipe. Helps prevent the growth of bacteria and fungal pathogens.

GEHWOL Emulsion

for professional use only

Effective ingredients

Lubricating emulsion base, oil of rosemary, menthol, camphor, propylene glycol, climbazole

Application

Emulsion for foot massage with fungal protection

Effects of product

The emulsion remains on the skin, allowing extensive, pleasant foot massage. Skin friendly lipids and propylene glycol make the skin smooth. Cooling menthol, invigorating oil of rosemary and camphor create a feeling of well being. Climbazole helps to protect against fungal infections.



GERLAN Soft

for professional use only

Effective ingredients

Mixture of highly concentrated skin cleansing and caring syndets.

Application

Use a sufficient quantity of GERLAN soft with water to cleanse the skin.

Effects of product

Intense guick cleansing of the skin is achieved with the application of GERLAN soft to skin washes. Even hard fatty deposits are easily washed off, leaving the skin silky and smelling pleasantly fresh.